



VT HEALTH CAREERS FIELD DAY 2025

SKILLS IN ACTION. FUTURES IN CARE.

OCT.
18
2025

**LYNDON
INSTITUTE**

168 INSTITUTE CIR,
LYNDON CENTER, VT

Discover your path in health care!

Start with hands-on skills - learn lifesaving basics like Hands-Only CPR and Stop the Bleed, then head to the Health Career Exploration Expo to connect with colleges, hospitals, advisors, and professionals shaping Vermont's health workforce.

Hands-On Training (Registration Required)

Roll up your sleeves and jump in:

- Learn Hands-Only CPR
- Practice Stop the Bleed skills
- Try other field-based activities with health pros by your side

Health Career Exploration Expo (Open to Everyone!)

- Talk with college reps & admissions advisors
- Connect with professionals shaping Vermont's health workforce
- Explore careers you didn't even know were out there
- Pick up tips, resources, and next steps for your journey

The
**GOVERNOR'S
INSTITUTES
of VERMONT**

REGISTRATION
OPENS
SEPTEMBER 15TH.

NORTHERN VERMONT
AHEC
AREA HEALTH EDUCATION CENTER